



HOW TO REVISE

Before you start thinking about revising, make sure that you have had some food, your phone is put away, and you have removed yourself from distraction. Research has shown that the sight of a phone was enough to reduce a persons' ability to focus.



Where, What, When & How

1

Where are you revising? At a desk or in front of a TV?

Make realistic goals to complete. You won't revise all the book in one night.

What time of the day are you revising, make sure you are alert and awake.

What type of revision are you going to do? Mind maps, flash cards, past papers?

Make a Timetable

2

Know what topics you need to revise and subtopics, plan out when you are going to study.

No one will revise for 5 hours straight so do small amounts but often.

Be realistic and give yourself breaks. Make sure that you do not burn yourself out.

Spend less time on easy topics, concentrate on harder topics.

Keep Organised and Tidy

3

Keep your revision organised, invest in some ring binders, dividers, plastic pockets.

Don't crowd pages, stick with headings and sub headings. Use abbreviations where appropriate. Try to reduce one topic down to one A4 Sheet.

Use colours and highlighters to make key text stand out. Ideally you should be able to close your eyes and visual the page.

Ways to revise

- Mind-maps
- Key words – post-its
- Flash Cards
- Highlight
- Chant/Rap
- Exam Questions and Mark Scheme
- Write your own Q's
- Mnemonics

FACT

66% of material is **forgotten** after **7 days**

88% of material is **forgotten** after **6 weeks**